

# EF INFO / BIOGRAPHY



## MEMBERS.

**Niklas Åström** (drums)  
**Daniel Öhman** (guitar, vocals, laptop)  
**Tomas Torsson** (guitar, vocals)

## CONTACT & LABELS:

**ef Myspace**

[www.myspace.com/ef](http://www.myspace.com/ef)

**ef home**

[www.efmusic.nu](http://www.efmusic.nu)

**And the Sound Records (EU)**

[www.andthesound.se](http://www.andthesound.se)

**Thomason Sounds (ASIA)**

[www.inpartmaint.com/thomason](http://www.inpartmaint.com/thomason)

**Shelsmusic (UK)**

[www.shelsmusic.com](http://www.shelsmusic.com)

## DISTRIBUTED BY:

**Border Music (SCANDINAVIA)**

[www.border.se](http://www.border.se)

**Cargo Records (G/A/S)**

[www.cargo-records.de](http://www.cargo-records.de)

**Suburban Distribution (BE/NE/LUX)**

[www.suburban.nl](http://www.suburban.nl)

**Shellshock (UK)**

[www.shellshock.co.uk](http://www.shellshock.co.uk)

**Kontor New Media (iTUNES ETC.)**

[www.kontornewmedia.com](http://www.kontornewmedia.com)

It all started in Göteborg, Sweden back in 2003; the embryo of **ef** was already active, but this was the year that it all went towards a new direction. New members came into the group and the sound was totally reformed.

The following years it all went pretty quick; Besides four self recorded demos, one 7" single, one remix CDEP and two full length albums ("*Give me beauty... Or give me death!*" – 2006 and "*I am responsible*" – 2008) they accomplished 10 full EU tours, numbers of festival shows and weekend adventures. **ef** did show the world that the DIY-motto is possible and sold around 4000 records total only in EU (without any proper distribution).

**ef** may now count themselves as one of the hardest working independent bands in Europe – and there's still more to achieve.

There are three remaining stabile members of **ef** which have spent the late summer of 2009 to write, arrange, rewrite and totally rearrange the songs that will become their third full length album; "*Mourning golden morning*".

The songs were recorded early October in the legendary vintage studio **Music-A-Matic** (**The Knife**, **Kent**, **Soundtrack Of Our Lives** and many more) by producer/engineer **Magnus Lindberg** (**Cult of Luna**, **The Perishers**, **Jeniferver** and many more). This is the first time the band have dared to bring in an outsider to control, produce and put the final touch on the material. It's all being mixed and mastered in great **Tonteknik Studios** (**In Flames**, **Cult of Luna**, **Refused** and many more).

Most of the songs have been finished in the studio since they've been written as a three piece with only guitars and drums – which might seem pretty idiotic when you try to create epic and dynamic music, often referred to as post rock. Though this have opened up for new interesting ways to create, and communicate.

We don't want to put too many words in your mouths, or thoughts into your heads by explaining the music too much. We rather let you listen and determine for yourself. "*Mourning golden morning*" is the result of three guys, a few years older than last time, fed up with the typical repetitive post rock idea; build-build-build-explode-cliché and delayed-drained-guitar-cascades. **ef** wanted to create something different, take it one step further towards something more interesting. We would like to say that it's more focused, honest and dead-on, and we can't say how much we appreciate it.

"*Mourning golden morning*" will see the light of day on April 1<sup>st</sup> 2010 via **And the Sound Records** (EU) and it is licensed to **Shelsmusic** (UK) and **Thomason Sounds** (ASIA). It will be supported with a massive tour through EU & UK in April and May, focusing on the countries where distribution is available.

We really hope you get some interest in this.



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